

**“I saw Sheila
the other day,
she doesn’t
look as
though she’s
had a decent
meal in ages...
I’m worried
about her.”**

**It could be your friend, it could
be your neighbour, self neglect
can affect anyone.**

If you are worried that someone is neglecting themselves,
don’t ignore it, call now; there is help and support available
locally.

Call Rochdale Adult Care today on:

0300 303 8886

Every call is important and your concerns will be taken
seriously.

RBSAB
ROCHDALE BOROUGH
SAFEGUARDING ADULTS BOARD

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**“I saw Fred
begging
on the high
street, he
looked out
of it...
I’m worried
about him.”**

**It could be your friend, it could
be your neighbour, self neglect
can affect anyone.**

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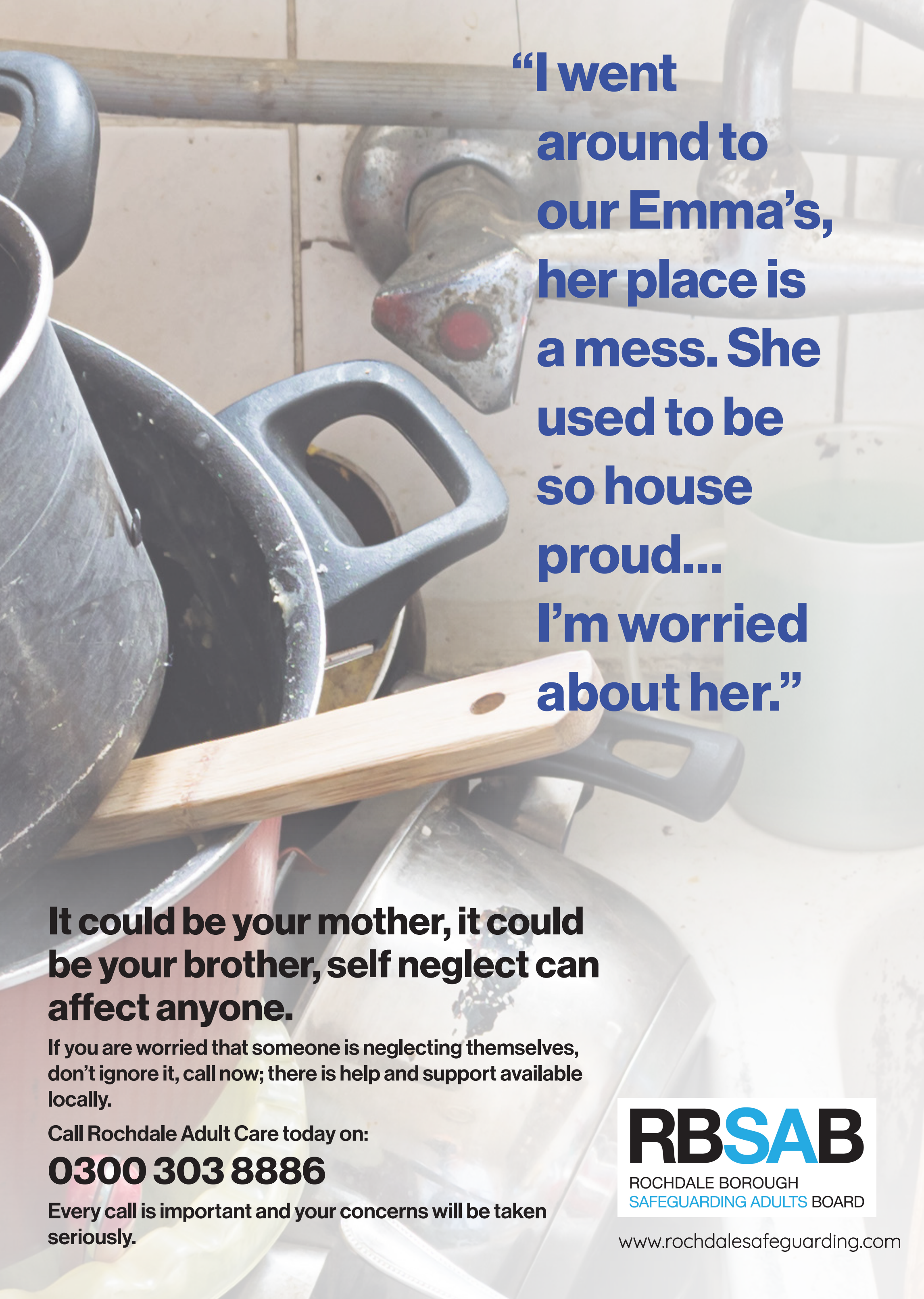
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**“I went
around to
our Emma’s,
her place is
a mess. She
used to be
so house
proud...
I’m worried
about her.”**

**It could be your mother, it could
be your brother, self neglect can
affect anyone.**

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