

Striving for Change Rochdale

New service for men
who want to improve
their relationships



Safer Rochdale

Rochdale • Middleton • Heywood • Pennines



This service aims to create an awareness of unhealthy behaviours and support individuals in working towards changing their behaviour in order to improve their relationships with current or ex-partners.

Once completed the Striving for Change clients may have an opportunity to be referred for further behaviour change intervention.

At the point of referral client will be contacted for an assessment from a dedicated assessment and referral worker.

As part of the process the client's ex/current partners may be contacted for support.

For referral form and more information contact:

Sherish Aslam

☎ 07715 665019

✉ sherishaslam@relategms.org.uk

Beverley Browning

✉ beverleybrowning@interservefls.gse.gov.uk

Safer Rochdale

Rochdale • Middleton • Heywood • Pennines

