Safeguarding Children

Workbook 1

Basic Safeguarding Awareness



Version 1

Contents

Introduction	3
Legislation	4
What is Child Abuse?	4
Safeguarding	5
Trafficking and Modern Slavery	9
Mental Capacity	11
Disclosures	13
What does this mean for you?	14
Key Contacts	15
Where can I find further information?	16
Appendix 1 – Assessment	18
Appendix 2 – Evaluation	22
Appendix 3 – Certificate of Completion	23

Introduction

This workbook has been developed to augment the RBSCP training offer, which can be found at <u>https://www.rochdalesafeguarding.com/events</u> It is not intended to replace formal training but to supplement it. You are advised to follow up your learning by attending safeguarding training. All our courses are free, and are available for anyone who works or volunteers in the Rochdale borough.

You must complete all sections of the workbook and return it to your Manager for assessment. When you have successfully completed the workbook, you will be issued with a certificate and your training records will be updated: The workbook will be returned to you to be used as a reference tool.

In the appendices, you will find a link to the current Rochdale Multi-Agency Safeguarding Children Policy and Procedures for reference purposes.

Suggested study time to be allocated to complete this workbook: 3 hours.

Once you have completed the workbook please forward the *Certificate of Completion* page to the Rochdale Borough Safeguarding Children's Partnership, Business Unit, using the contact details below, who will make a record of completion and issue a certificate.

Rochdale Borough Safeguarding Board/Partnership Business Unit, Number One Riverside, Smith Street, Rochdale OL16 1XU. <u>rbsb.admin@rochdale.gov.uk</u>

This workbook is aimed to help those who need an understanding of adult safeguarding awareness in their role and may have a responsibility for raising safeguarding concerns to ensure they are competent, and have all the knowledge they need.

It is aimed at all staff and volunteers in health and social care settings, all frontline staff at Greater Manchester Fire and Rescue Service, staff within Housing teams, Clerical and Administration staff, Adult Care staff who do not undertake front-line assessments, Domestic and Ancillary staff, Health and Safety Officers, other support staff, Elected Members, GP practice staff, Governing Boards and Safeguarding administrative support staff. This is not a definitive list

Legislation

The Children Act 1989 is the key piece of legislation that talks about safeguarding children.

However there have been other pieces of legislation since, such as Children Act 2004 and The Children and Social Work Act 2017.

So that practitioners know what to do, the Department for Education publishes guidance. The most recent is: "Working Together to Safeguard Children" DfE 2018

What is child abuse?

Abuse and neglect are forms of maltreatment of a child.

'Somebody may abuse or neglect a child by inflicting harm, or by failing to act to prevent harm. Harm can include ill treatment that is not physical as well as the impact of witnessing ill treatment of others. This can be particularly relevant, for example, in relation to the impact on children of all forms of domestic abuse.

Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely by others.

Abuse can take place wholly online, or technology may be used to facilitate offline abuse.p

Children may be abused by an adult or adults, or another child or children' Working Together to Safeguard Children 2018

Sometimes it can be the result of well-intentioned actions but remember that ABUSE is about the impact of the act on the individual, not the intent.

Safeguarding

Safeguarding and promoting the welfare of children is defined as:

- Protecting children from maltreatment
- Preventing impairment of children's health or development
- Ensuring children are growing up in circumstances consistent with the provision of safe and effective care.

Child protection is a part of safeguarding and promoting welfare.

It refers to the activity that is undertaken to protect specific children who are suffering, or are likely to suffer, significant harm.

Effective child protection is essential as part of wider work to safeguard and promote the welfare of children.

However, all agencies and individuals should aim to proactively safeguard and promote the welfare of children so that the need for action to protect children from harm is reduced.

Definitions - Child

- UN Convention on the Rights of the Child everyone under the age of 18
- Working Together everyone under the age of 18, including unborn children
- UK Law
 - Sets the age of criminal responsibility at 10
 - Sets the age of consent at 16
 - Sets the school leaving age at 17
 - Says that Local Authorities must offer support to Care Leavers up to the age of 21

Assumptions – Myth Busting

Young people (particularly 16 & 17 year olds)...are less likely to be perceived to be at longer term risk of negative outcomes from neglect.

The young people were thought to be more competent in dealing with maltreatment, more resilient and more likely to be contributing to and exacerbating situations through their own behaviour

Rees et al 2010

Definitions – Harm

The Children Act tells us that harm is:

'the ill-treatment or the impairment of health or development including, for example, impairment suffered from seeing or hearing the ill-treatment of another'.

Significant harm is harm which is "considerable".

The difference between harm and significant harm:

- 1. Two normally loving and patient parents get angry with each other and end up having a huge argument that is witnessed by their child. When the child starts to cry they stop arguing and tell the child that they are sorry for upsetting them and that everything will be okay. It is highly unlikely that this child would be considered at risk of significant harm.
- 2. Imagine a child who witnesses domestic abuse/violence on a daily basis. It is not difficult to see how living in such an environment is likely to cause that child significant emotional or even physical harm.

Types of abuse

- Physical
- Emotional
- Sexual
- Neglect

What do you think the outward signs might be, for each of these?

Physical abuse

Emotional Abuse

Neglect



How do your answers match up with the information below?

Physical abuse

A form of abuse which may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing physical harm to a child.

Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child.

Children who are physically abused may:

• Have physical indicators

- o Bruises, fractures, cuts, burns, scalds
- A history of repeated injuries
- Multiple injuries

Have behavioural indicators

- The child is unusually wary of physical contact with adults, or one particular adult
- The child offers unlikely, implausible explanations of injuries.
- The child is habitually absent from school without an explanation. The parent/ caregiver may be keeping the child at home until physical evidence of abuse has disappeared.
- The child displays regressed behaviour, such as bedwetting or soiling.
- Other behavioural indicators, which may be more common to adolescents than younger children, include:
 - o running away, criminal behaviour, drug abuse

Sexual Abuse

A child is sexually abused when they are forced or persuaded to take part in sexual activities. This may include rape or other physical contact such as kissing and touching either inside or outside of clothing.

It doesn't have to involve physical contact as it can include encouraging children to look at sexual images or to behave in sexual ways.

Sometimes the child won't understand that what's happening to them is abuse. They may not even understand that it's wrong.

Children who are sexually abused may:

- Stay away from certain people
 - they might avoid being alone with people, such as family members or friends
 - they could seem frightened of a person or reluctant to socialise with them.
 - Show sexual behaviour that's inappropriate for their age
 - o a child might become sexually active at a young age
 - they might be promiscuous
 - o they could use sexual language or know information that you wouldn't expect them to.

Have physical symptoms

- o anal or vaginal soreness
- o an unusual discharge
- o sexually transmitted infection
- \circ pregnancy.

Emotional Abuse

Emotional abuse may involve deliberately telling a child that they are worthless or unloved, humiliating, isolating or ignoring them. It may involve seeing or hearing the ill treatment of someone else or serious bullying that causes children to feel frightened or in danger.

Emotional Abuse is the 2nd most common reason for children needing protection from abuse in the UK

Children who are emotionally abused:

- There often aren't any obvious physical symptoms of emotional abuse or neglect but you may spot signs in a child's actions or emotions.
- Changes in emotions are a normal part of growing up, so it can be really difficult to tell if a child is being emotionally abused.

Babies and pre-school children who are being emotionally abused or neglected may:

- be overly-affectionate towards strangers or people they haven't known for very long
- lack confidence or become wary or anxious
- not appear to have a close relationship with their parent, e.g. when being taken to or collected from nursery etc.
- be aggressive or nasty towards other children and animals.

Older children may:

• use language, act in a way or know about things that you wouldn't expect them to know for their age

- struggle to control strong emotions or have extreme outbursts
- seem isolated from their parents
- lack social skills or have few, if any, friends.

Neglect

Neglect is a failure to meet a child's basic needs:

- A child may be left hungry or dirty, without the right clothing, shelter, supervision, medical or health care
- A child may be put in danger or not protected from harm
- They may not get the love, care and attention they need from their parents.
- A child who is neglected will often suffer from other abuse as well.

Abuse tends to escalate over time. When someone uses abuse and violence against a partner, it is always part of a larger pattern of control.

https://www.disrespectnobody.co.uk/relationship-abuse/what-is-relationship-abuse/

Neglect is the most common form of abuse, both in Rochdale and across the UK.

Children who are neglected may display:

- Malnutrition, begging, stealing or hoarding food
- Poor hygiene, matted hair, dirty skin or body odour
- Unattended physical or medical problems
- Comments from a child that no one is home to provide care
- Frequent lateness or absence from school
- Missed appointments
- Failure to thrive/not reaching developmental milestones (may be confused with organic illness)
- Dental caries
- Tiredness
- Repeated injuries lack of supervision
- Non-compliance with medical treatment

As well as threats to the welfare of children from within their families, children may be vulnerable to abuse or exploitation from outside their families.

These extra-familial threats might arise at school and other educational establishments, from within peer groups, or more widely from within the wider community and/or online. These threats can take a variety of different forms and children can be vulnerable to multiple threats, including:

- Exploitation by criminal gangs and organised crime groups such as county lines
- Trafficking
- Online Abuse
- Teenage relationship abuse
- Sexual exploitation and
- The influences of extremism leading to radicalisation.

Extremist groups make use of the internet to radicalise and recruit and to promote extremist materials. Any potential harmful effects to individuals identified as vulnerable to extremist ideologies or being drawn into terrorism should also be considered. (Working Together to Safeguard Children 2018)

Trafficking and Modern Slavery

Human trafficking involves men, women and children being brought into a situation of exploitation through violence, deception or coercion and forced to work against their will. People can be trafficked for many forms of exploitation such as prostitution, forced labour, forced begging, forced criminality, domestic servitude, forced marriage and forced organ removal.

People trafficking and people smuggling are often confused. People smuggling is the illegal movement of people across international border for a fee and upon arriving at the destination the smuggled people are free to move at their will. The trafficking of people is different as the trafficker is enabling the movement of people for the purpose of exploitation. Sometimes trafficking of people does not involve crossing of international borders as it can occur nationally, even within a local community.

As a professional, you should keep your eyes and ears open. If you suspect that someone is being controlled or forced by someone else to work or provide services, the first step is to inform your line manager or safeguarding lead within your organisation; alternatively you should contact the police. Contact numbers can be found at the end of this workbook.

Signs of human trafficking can be where an unknown person appears to be monitoring the movements of another person or appears to be controlling them in some way. This may include a person constantly being dropped off and collected from work, being exploited or ill-treated. Often victims are physically abused.

Mental Capacity

The Mental Capacity Act (MCA) is designed to protect and empower individuals who may lack the mental capacity to make their own decisions about their care and treatment and applies to adults <u>and children aged 16 and over.</u> Examples of people who may lack capacity are those with:

- A severe learning disability
- A brain injury
- A mental health condition
- A stroke
- Unconsciousness caused by anaesthetic or sudden accident.

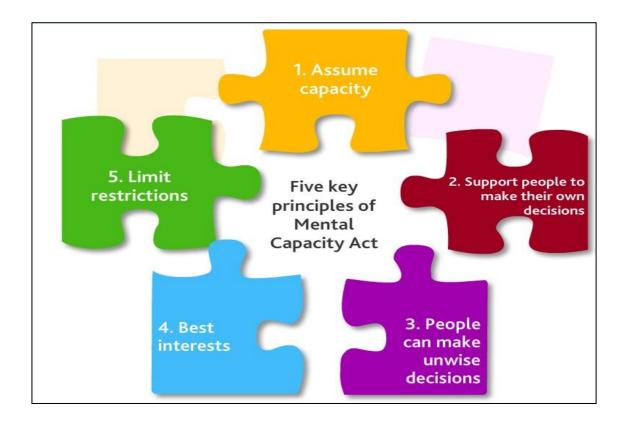
However, just because a person has one of these conditions does not necessarily mean they lack the capacity to make a specific decision.

What does lacking capacity mean?

Someone can lack capacity to make some decisions (for example, to decide on complex financial issues) but still have the capacity to make a specific decision. The MCA says:

- Everyone has the right to make their own decisions. Care professionals should always assume an individual is able to make decisions, unless a capacity assessment is carried out and proves otherwise.
- A person must be given help to make a decision. This might include, for example, providing the person with information in a manner that is easier for the individual to understand
- A person is not to be treated as unable to make a decision merely because he/she makes an unwise decision
- Where someone is judged not to have the capacity to make specific decisions (following a capacity assessment), that decision can be taken on their behalf, but it must be in the person's best interests. The resulting treatment and care provided should be the least restrictive to the person's basic rights and freedoms as possible.

The MCA also allows people to express their preferences for treatment and care, as well as allowing the individual to appoint a trusted person to make the decision on their behalf should the person lack the capacity to make decisions in the future.



Deprivation of Liberty

Sometimes the restrictions placed on an individual who lacks the mental capacity to consent to the arrangements for their care may amount to 'deprivation of liberty'. Each case must be judged on an individual basis.

Where it appears a deprivation of liberty might have occurred, the provider of care (usually a hospital or care home) has to apply to the local authority, who will then arrange an assessment of the individual's treatment and care to decide if the deprivation of liberty is in the best interests of the person concerned, this is known as a best interests assessment.

If it is in the individual's best interests, the local authority will grant a legal authorisation. If it is not, the treatment and care package must be changed – otherwise, an unlawful deprivation of liberty will occur. The system is known as the Deprivation of Liberty Safeguards (DoLS).

If you suspect a deprivation of liberty may occur, the first step is to inform your line manager. If you still feel a deprivation of liberty has occurred you should then call the relevant Local Authority Safeguarding Adults Team. Contact numbers can be found at the end of this workbook

Disclosures

What to do if a child discloses abuses to you:

- Keep calm
- Listen carefully
- Communicate appropriately with child, age and understanding
- Reassure them; they are right to tell and have not done anything wrong
- Explain what you are going to do and why
- Record as much information as you can, verbatim using same language as the child
- Consult your manager immediately.

Confidentiality

Confidentiality means not sharing information about people without their knowledge and agreement, and making sure that written and electronic information cannot be read by people who have no reason to see it.

Children and young people have a right to privacy under the European Convention on Human Rights (ECHR) & United Nations Convention on the Rights of the Child (UNCRC). They have the same rights to confidentiality as adults.

IMPORTANT

However - Confidentiality can be broken without consent if children or young people are being harmed or are at risk of being harmed. Information sharing: Advice for practitioners providing safeguarding

services to children, young people, parents and carers HM Gov March 2015

Main concerns in Rochdale/UK

- Neglect:
 - Described above.
- Domestic Abuse / teenage relationship abuse:
 - Children or young people may be tricked into believing they're in a loving relationship. They might be invited to parties and given drugs and alcohol. They may also be groomed online
- Child Sexual Exploitation:
 - CSE is a type of sexual abuse in which children and young people receive something as a result of them performing, and/or others performing on them, sexual activities.
 - E-Safety / Cyber Bullying / Sexting / Grooming:
 - Young people may be groomed by 'friends' who are the same age as them. Violence is common
- Trafficking & Modern Slavery
 - Described above

What does this mean for you?

The priority should always be to ensure the safety and protection of the adult or child at risk. To this end, it is the responsibility of us all to act on any suspicion or evidence of abuse or neglect and to pass the concerns to a responsible person or agency.

Is it abuse?

- Even if abuse is not occurring, it may be a situation that someone needs support with.
- Don't worry that you have misunderstood a situation.
- It is not your job to investigate just report.
- Report any concerns you may have, as soon as possible.

Practical advice

- Safeguarding is everyone's responsibility but your role is only to report concerns
- Always explain that if you think that someone is at risk you must pass that information on
- Listen and take what is said seriously
- Know who you need to speak to
- Keep in mind the warning signs not everyone will want to share their problems but you should always pass on any concerns that you have
- Remember that most children and young people are loved and well cared for by their families
- Social media may give you clues that things are not right.
- You need support too make sure that you ask

Record your safeguarding concerns.

Record your concerns accurately, including any minor concerns, and the details of any action you have taken, information you have shared and decisions you have made relating to those concerns.

Make records at the time the events happen, or as soon as possible afterwards.

If you work for an organisation, please follow your in-house recording procedures

Safeguarding is everybody's responsibility.

It is your responsibility to report abuse or neglect, not investigate it.

If you're not sure it is abuse, don't think "What if I'm wrong?" - think "What if I'm right?"

Don't ignore it, report it.

Key contacts

If an Adult or Child is in immediate danger phone the police on 999.

Person/Agency	For	Contact
Your Manager / Safeguarding Lead	Your first point of contact when you have a concern.	
Your Manager's Manager	In case you have a concern about your manager, or your manager is unavailable as a first point of contact.	
Rochdale Council Children's Social Care	To raise a Children's Safeguarding Concern	0300 303 0440 Alternatively you can contact the NSPCC 24/7 on 0808 800 5000
Rochdale Council Adult Care	To raise an Adult Safeguarding Concern	0300 303 8886 adult.care@rochdale.gov.uk
Out of Hours	To raise a children's alert out of office hours.	0300 303 8875
Greater Manchester Police	For any concern where a crime has taken place.	101
Rochdale Safeguarding Children's Partnership	For general advice and information around safeguarding (not to discuss individual cases)	01706 927700 rbsb.admin@rochdale.gov.uk www.rochdalesafeguarding.com

Where can I find further information?

For information on Safeguarding Children visit the site of the Rochdale Borough Safeguarding Children's Partnership. This site contains the Multi-	www.rochdalesafeguarding.com
Agency Safeguarding Procedures,	
 The Board/Partnership offers <u>free</u> training courses that are available for anyone who works or volunteers in the Rochdale borough. Courses include: Working Together to Safeguard Children Allegations Management/Safer Working Practices Child Sexual Abuse Complex Safeguarding: Responding to Child Exploitation Neglect and Emotional Abuse Safer Sleep for Babies Relational Child Protection Conferences Harmful Sexual Behaviour 	www.rochdalesafeguarding.com
And many more. Courses are being added all the time so check the website regularly for the latest information.	
For up-to-date information on safeguarding in the	www.facebook.com/rochdalesab/
Rochdale borough check out the Facebook pages of the Children's Partnership and the Adult Board.	www.facebook.com/LSCPRochdale
The Partnership and Board have a joint Twitter page.	@LSCPB_Rochdale
The Board and Partnership publish a regular newsletter. They are available on our websites, or to join our subscription list please drop us an email.	<u>rbsb.admin@rochdale.gov.uk</u>

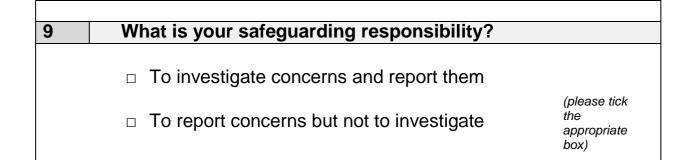
Rochdale Borough Safeguarding Children's Partnership Safeguarding Children Awareness Workbook Assessment

Notice to Learners: You should complete the following questions without any help and submit answers to your line manager. The pass mark is 75% (12 out of 16).

1	What is the key piece of legisla safeguarding children?	ation that talks about
	 The Children Act (1989) Care Act (2014) Working Together (2018) 	(please tick the appropriate box)
2	What are the four categories o	f abuse?
	1.	
	2.	
	3.	
	4.	
3	If you suspect abuse but you a evidence, should you report it	
	□ Yes	(please tick the appropriate box)
	□ No	

4	If a child is left hungry or dirty, without the right clothing, shelter, supervision, medical or health care, what type of abuse is this?
	Emotional abuse
	Physical abuse
	Neglect

5	What is the most common form of ab and in Rochdale?	use, both nationally
	Sexual abuse	(please tick the
	Physical abuse	appropriate box)
	Neglect	
	Emotional abuse	
6	Telling a child that they are worthless humiliating, isolating or ignoring the abuse?	
	Physical abuse	(please tick the
	□ Neglect	appropriate box)
	Sexual abuse	
	Emotional abuse	
7	Only adults can be victims of sexual children.	exploitation, not
	True / False	(please circle the appropriate answer)
8	Who can be a perpetrator of abuse	
	A stranger	(please tick the
	Care Worker	appropriate box)
	Family member	



10	Whose responsibility is it to protect child	dren from abuse?
		(please tick the appropriate box)
	Children's Social Care	
	The School	
11	Only concerns about deliberate harm safeguarding concern? If the abuse is there is no need to raise a concern.	

	True / False	(please circle the appropriate answer)
12	If a child is in immediate danger, who should	l you tell?
	 Your manager or safeguarding lead Children's Social Care The Police The child's GP 	(please tick the appropriate box)
13	What should you do if the victim says they d to tell anyone?	o not want you
	 Don't tell anyone, you must uphold confidentiality 	(please tick the appropriate box)
	 Tell your line manager, you have a duty of care to protect children from abuse even if this may mean overriding confidentiality 	

14	List four things you should do if a abuse	a child discloses
	1. 2. 3. 4.	(please tick the appropriate box)
15	What age group does the Mental to?	Capacity Act apply
	Anyone over 10	(please tick the appropriate box)
	Anyone over 16	
	Anyone over 18	
	Anyone over 21	
16	Where can you find further inform adult safeguarding in Rochdale, i procedures, guidance and free tra	ncluding safeguarding

Г

Name	
Job Role	

Evaluation

Name:

Once completed please forward the workbook evaluation *(i.e. this page)* and the Certificate of Completion) to the Rochdale Borough Safeguarding Children's Partnership Business Unit, using the contact details below, who will make a record of completion and issue a certificate. Completion records may be shared with the training leads of your commissioning organisation to ensure that your staff development record remains up to date.

Rochdale Borough Safeguarding Children's Partnership, 4th Floor, Number One Riverside, Smith Street, Rochdale OL16 1XU

rbsb.admin@rochdale.gov.uk

Why did you comple	ete this workbook?	Safeguarding Children Awareness
Where did you do yo	our training?	
O Home	O Work	O Mixture
Overall, how satisfie that you needed to l		e workbook gave you the information
O Very satisfied	O Satisfied	O Partly satisfied O Dissatisfied
What is the most im	portant thing you h	ave learned from this workbook?
How will you use the work?	e information from	this workbook in your day to day
Would you recomme	end this workbook	to other people? Please explain.
Is there any aspects	of the workbook y	ou feel could be improved?
Manager / Superviso this learning experie	-	eedback on how the learner managed

Certificate of Completion Safeguarding Children Awareness Workbook

I have discussed the completion of the workbook with my manager / assessor.

/	/	
Declaration:		
I have seen the work	book completed by	
	<i>the certificate)</i> and I can confirm that I am e sufficiently competent.	
Assessment score:	(out of a possible 16)	
Name (please print):		
Signature:		
Date:/	_/	
Details of Manager	/ Assessor:	
Job Title:		
Organisation:		
E-mail Address:		
Telephone number:		